

HEALTHY CITIES & ACTIVE MOBILITY

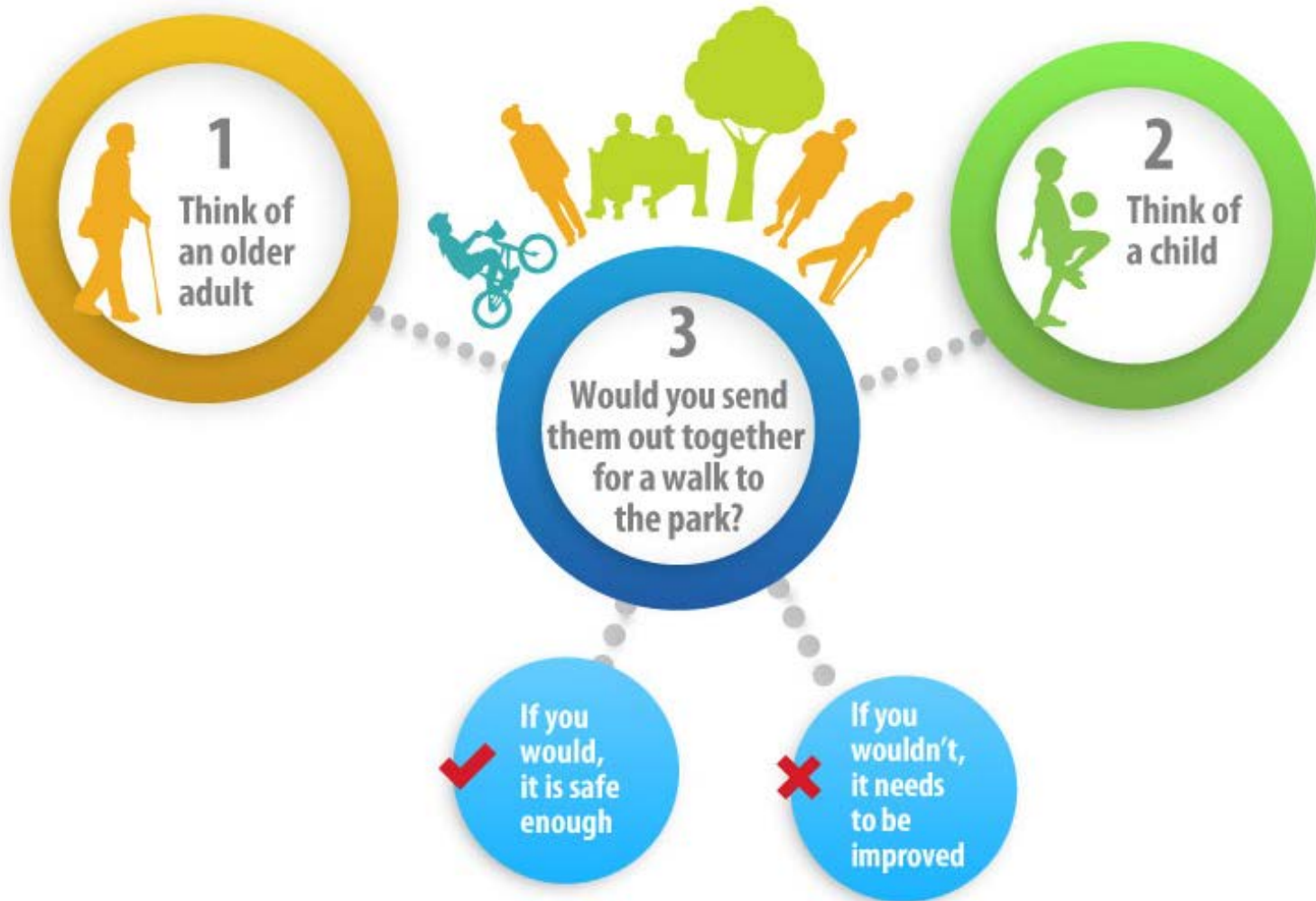


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Ambiental – CREAL - ISGlobal**

HEALTHY CITIES

8 80 Cities has come up with a simple rule to evaluate public spaces called the "8 80 Rule"



HEALTHY CITIES

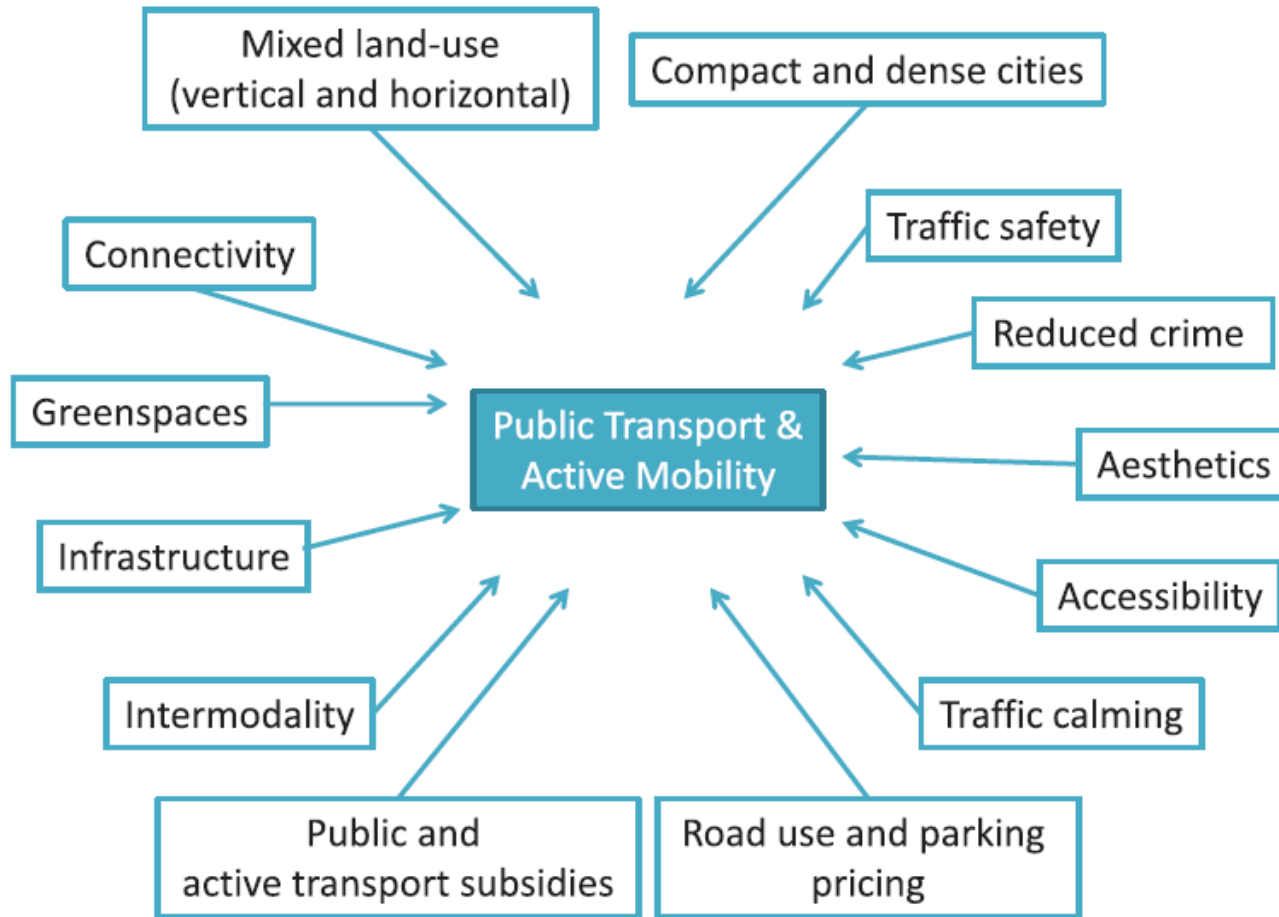


FIGURE. Urban planning interventions to promote public transport and active mobility.

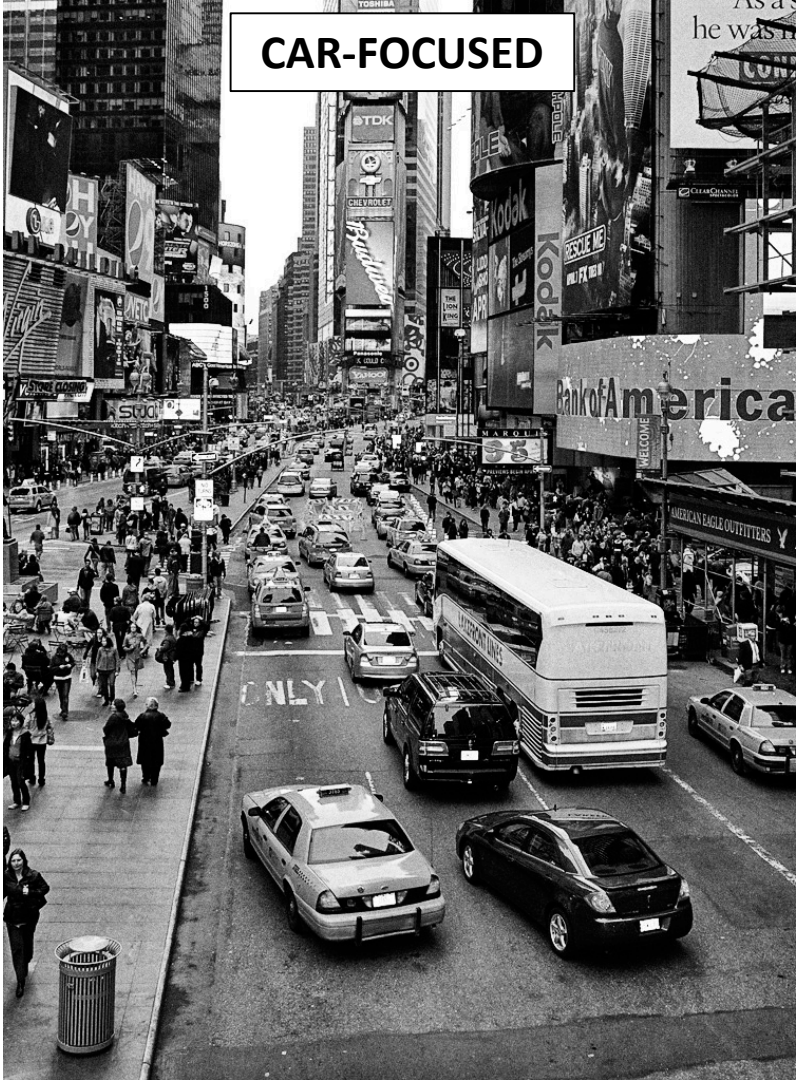
Rojas-Rueda & Turner, 2016

HEALTHY CITIES



HEALTHY CITIES

CAR-FOCUSED



CITIZEN-FOCUSED



HEALTHY CITIES



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CAR-FOCUSED



CITIZEN-FOCUSED



HEALTHY CITIES





centre de recerca
en epidemiologia
ambiental



Generalitat
de Catalunya

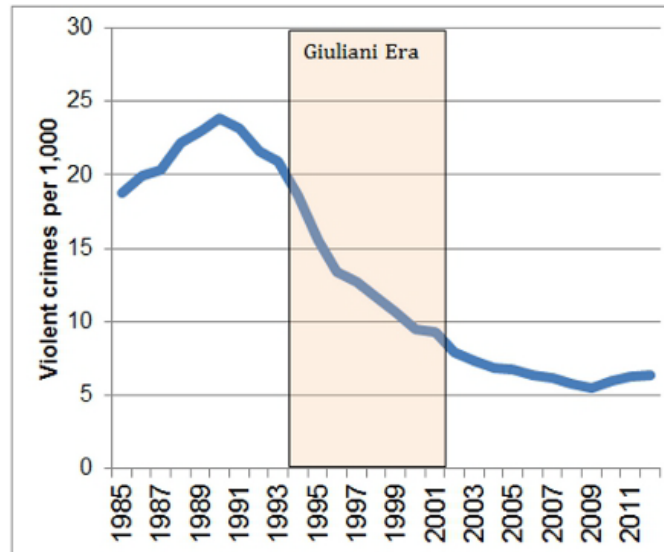


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HEALTHY CITIES



Jiang et al 2014

WALKABLE

Examples of high and low walkability neighborhoods and a map of neighborhood walkability for all of NYC



Rundle AG, Am J Prev Med. 2016 50(3):e65-72

HEALTHY CITIES

CAR-FOCUSED



CITIZEN-FOCUSED

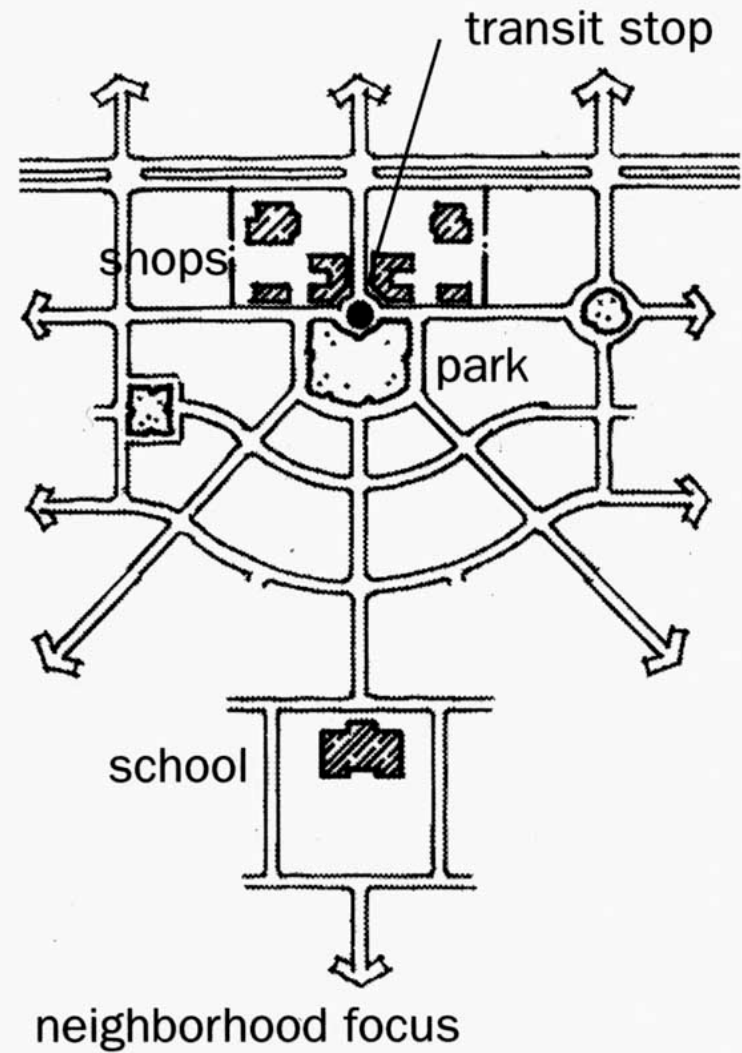
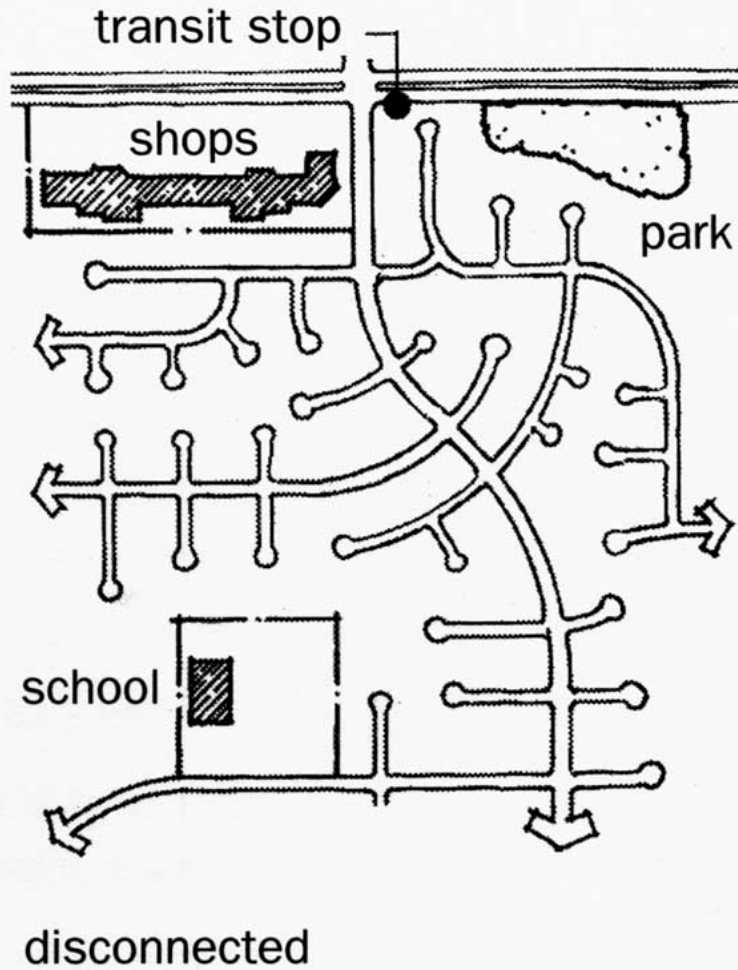


HEALTHY CITIES



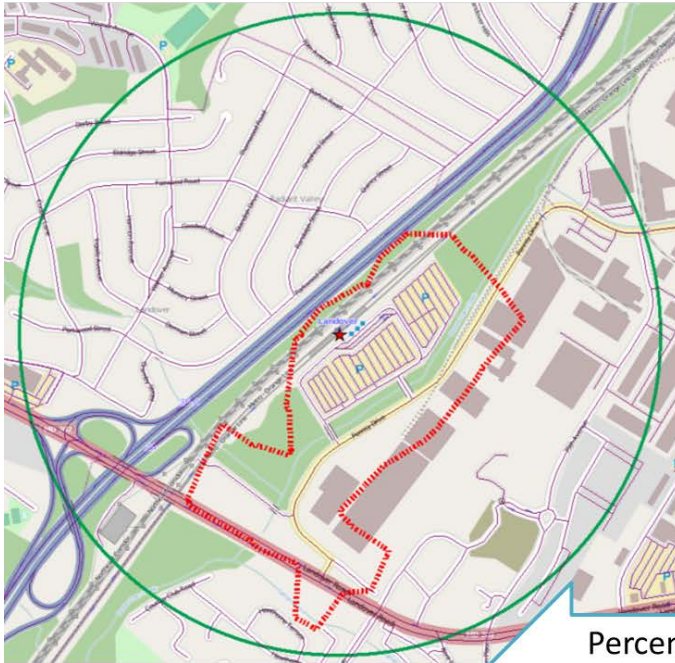
Jiang et al 2014

HEALTHY CITIES



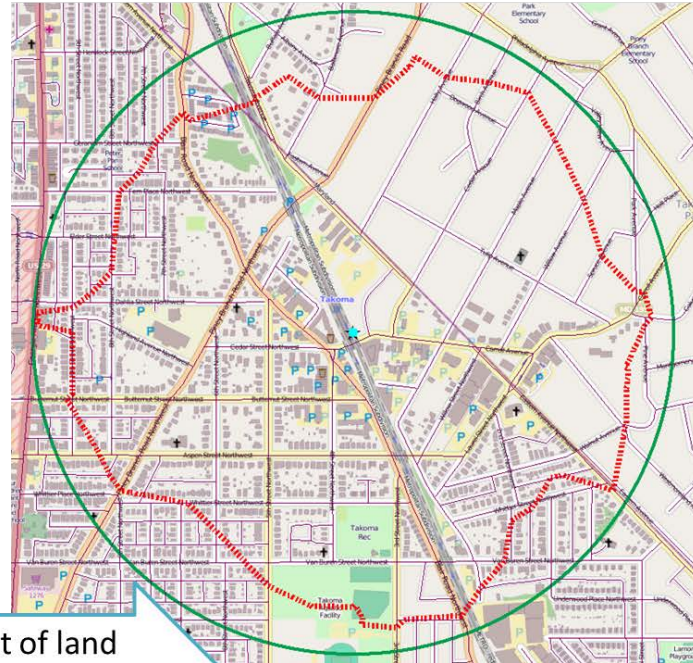
HEALTHY CITIES

Landover



21%

Takoma

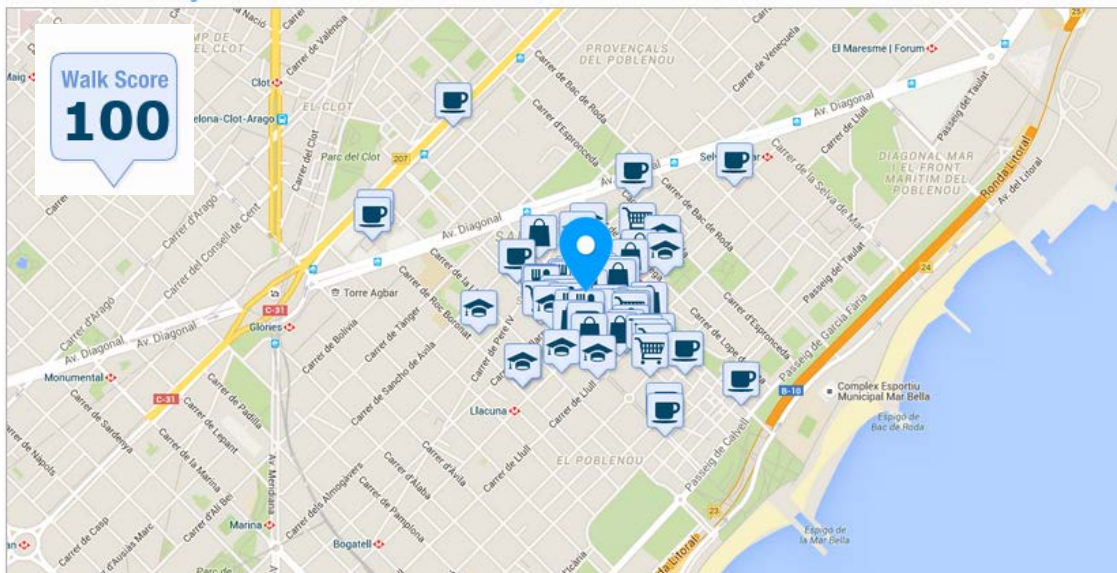
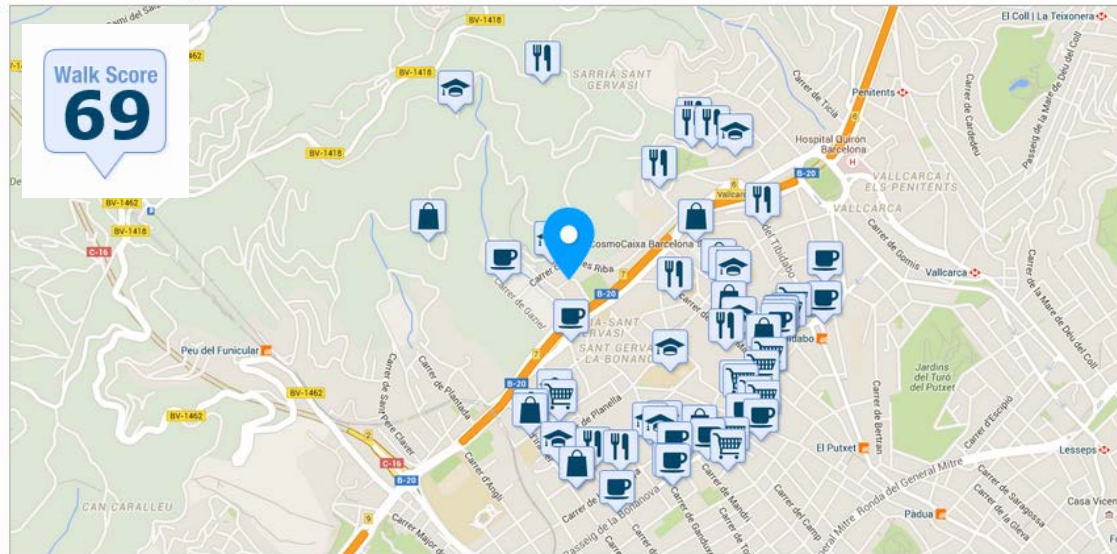


91%

Percent of land
within half-mile
actually reachable
on foot

Images at same scale

HEALTHY CITIES



DIVIDE CITIES INTO TWO SECTIONS: **DRIVING** AND **NON-DRIVING**

